



**IW4**  
**August 26, 2016**  
**Elite Men (Men)**

Pos	Bib	Name	Category	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4
1	2	ADAMS, Rohin	Elite Men	2:01:23		29:40	30:20	30:13	31:11
2	5	HEIZER, Max	Elite Men	2:02:27	1'04"	29:50	30:08	30:18	32:11
3	3	GRANT, David	Elite Men	2:04:31	3'07"	29:42	30:17	31:01	33:31
4	1	DAVIS, John	Elite Men	2:07:35	6'11"	29:51	30:11	34:58	32:35
5	4	AGGETT, Luke	Elite Men	2:11:47	10'24"	30:50	32:35	33:49	34:32



**IW4**  
**August 26, 2016**  
**Elite Women (Open)**

Pos	Bib	Name	Category	Time	Gap	Lap 1	Lap 2	Lap 3
1	8	HILL, Karen	Elite Women	1:44:05		32:14	34:30	37:21
2	6	SHERWELL, Courtney	Elite Women	1:54:34	10'29"	34:39	38:45	41:10
3	7	JOBLING-BAKER, Prita	Elite Women	1:57:24	13'19"	37:21	40:00	40:03



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## August 26, 2016

### Open Men (Open)

Pos	Bib	Name	Category	Time	Gap	Lap 1	Lap 2	Lap 3
1	12	THOMPSON, Luke	Open Men	1:35:41		30:14	32:53	32:34
2	23	DIXON, Neil	Open Men	1:37:22	1'42"	30:37	33:07	33:39
3	10	KAITLER, Brenton	Open Men	1:39:30	3'50"	31:00	33:33	34:57
4	19	CHAN, Nathan	Open Men	1:40:17	4'37"	32:28	33:49	34:01
5	22	MARTIN, Christopher	Open Men	1:40:31	4'50"	31:31	33:44	35:16
6	33	KINCADE, Jim	Open Men	1:41:15	5'35"	32:40	33:57	34:38
7	29	FAYAD, Hamada	Open Men	1:44:33	8'53"	34:22	35:04	35:07
8	20	CRISTOFOLI, Tristano	Open Men	1:45:16	9'35"	32:55	36:02	36:19
9	28	ZAKIS, Con	Open Men	1:46:45	11'04"	34:24	35:09	37:13
10	14	FERGUSON, Michael	Open Men	1:48:09	12'28"	34:42	36:18	37:08
11	16	MILDREN, Jake	Open Men	1:49:05	13'25"	34:17	36:53	37:56
12	32	BENNETT, Matt	Open Men	1:52:21	16'40"	35:35	37:51	38:55
13	102	SOUTH, Richard	Open Men	1:54:04	18'24"	38:07	38:22	37:35
14	27	LEBBINK, Grant	Open Men	1:54:53	19'13"	45:08	35:00	34:45
15	21	TAYLOR, Marc	Open Men	1:59:11	23'31"	36:53	40:23	41:56
16	25	QUAIN, Chris	Open Men	1:59:14	23'34"	37:28	40:13	41:33
17	17	PORTER, Richard	Open Men	2:00:01	24'21"	38:06	41:28	40:27
18	24	LACY, Michael	Open Men	2:02:15	26'35"	38:03	40:21	43:51
19	31	ARCHER, Rhys	Open Men	2:09:00	33'19"	39:52	43:52	45:16
20	26	BURTON, Trent	Open Men	1:49:08	-1 lap	1:11:49	37:19	
DNF	15	RAPSON, Thomas	Open Men	36:39		36:38		
DNF	9	MUIR, Hayden	Open Men					
DNS	11	PIETKIEWICZ, Mick	Open Men					
DNS	13	EBERY, Llewellyn	Open Men					
DNS	18	KINNANE, Michael	Open Men					
DNS	30	DALY, Trevor	Open Men					



**IW4**  
**August 26, 2016**  
**Open Women (Open)**

Pos	Bib	Name	Category	Time	Gap	Lap 1	Lap 2	Lap 3
1	34	EDNEY, Carrie	Open Women	1:59:29		37:56	40:14	41:19
2	35	DEHNE, Lauren	Open Women	2:12:50	13'21"	43:30	44:48	44:32



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## August 26, 2016

### 40yrs+ Men (Open)

Pos	Bib	Name	Category	Time	Gap	Lap 1	Lap 2	Lap 3
1	46	PATERSON, Andrew	40yrs+ Men	1:30:10		29:48	30:13	30:09
2	67	CASEY, Peter	40yrs+ Men	1:30:15	0'04"	29:44	30:13	30:19
3	61	KELLY, Ian	40yrs+ Men	1:37:10	7'00"	30:17	32:47	34:07
4	66	GROSSO, Nick	40yrs+ Men	1:37:58	7'48"	31:02	33:01	33:56
5	53	BURTON, Dominic	40yrs+ Men	1:38:54	8'44"	31:08	33:19	34:27
6	57	SEAWARD, Paul	40yrs+ Men	1:42:40	12'30"	32:29	34:12	36:00
7	72	RIPP, Paul	40yrs+ Men	1:45:17	15'07"	34:45	35:02	35:31
8	41	VAN HALEN, Mark	40yrs+ Men	1:45:19	15'08"	34:19	35:05	35:55
9	64	STRAZDINS, Nathan	40yrs+ Men	1:47:05	16'55"	34:32	35:13	37:20
10	71	BOUCHER, Dale	40yrs+ Men	1:47:27	17'17"	34:46	36:19	36:23
11	50	READ, Steve	40yrs+ Men	1:47:37	17'27"	34:21	36:13	37:04
12	55	HENRIKSSON, Lloyd	40yrs+ Men	1:49:07	18'56"	35:39	37:01	36:26
13	48	CONQUER, Ean	40yrs+ Men	1:49:48	19'38"	34:43	37:59	37:06
14	69	PROBERT, Geordie	40yrs+ Men	1:50:05	19'55"	34:30	35:59	39:36
15	56	BOS, Andy	40yrs+ Men	1:50:29	20'18"	35:41	36:57	37:52
16	70	EISNER, Richard	40yrs+ Men	1:52:19	22'09"	36:11	37:55	38:14
17	43	LANSBURY, Jason	40yrs+ Men	1:52:49	22'39"	35:32	38:12	39:06
18	52	BAAS, Trevor	40yrs+ Men	1:52:55	22'44"	35:33	37:06	40:15
19	60	LOWE, Dale	40yrs+ Men	1:55:34	25'24"	37:30	38:20	39:44
20	103	NORRIS, Colin	40yrs+ Men	1:59:32	29'21"	38:02	40:12	41:18
21	100	VANDENDOOL, Bill	40yrs+ Men	1:59:39	29'29"	39:32	40:11	39:56
22	38	BROWN, Glen	40yrs+ Men	2:01:04	30'53"	38:05	41:28	41:31
23	40	FLOYD, Barry	40yrs+ Men	2:01:45	31'34"	36:56	40:30	44:19
24	58	FISHER, David	40yrs+ Men	2:04:36	34'26"	37:26	43:13	43:57
25	65	TURNER, Adrian	40yrs+ Men	2:08:32	38'22"	40:37	44:07	43:48
26	36	WALLACE, Craig	40yrs+ Men	2:09:40	39'29"	40:41	44:05	44:54
27	49	HOLE, Robert	40yrs+ Men	2:11:55	41'44"	40:44	42:49	48:22
28	62	JESSEN, Phil	40yrs+ Men	2:14:20	44'10"	43:56	44:30	45:54
29	37	PILE, Nick	40yrs+ Men	2:19:00	48'49"	40:42	47:39	50:38
30	63	JACKSON, Phil	40yrs+ Men	1:39:42	-1 lap	46:11	53:31	
31	68	RICHARDSON, David	40yrs+ Men	1:43:53	-1 lap	42:04	1:01:49	
DNF	54	BELL, Andrew R	40yrs+ Men	1:15:18		35:59	39:18	
DNS	39	DICKEY, Bruce	40yrs+ Men					
DNS	42	ALLEN, Gavin	40yrs+ Men					
DNS	44	FINDLOW, Craig	40yrs+ Men					
DNS	45	RITCHIE, Mick	40yrs+ Men					
DNS	47	TAYLOR, Greg	40yrs+ Men					
DNS	51	EDWARDS, Chris	40yrs+ Men					
DNS	59	STURMAR, Mark	40yrs+ Men					



**IW4**  
**August 26, 2016**  
**40yrs+ Women (Open)**

Pos	Bib	Name	Category	Time	Gap	Lap 1	Lap 2	Lap 3
1	73	VAN DEN BROEKE, Eveline	40yrs+ Women	1:59:28		37:58	40:10	41:19
2	101	CLARK, Maragret	40yrs+ Women	1:59:30	0'03"	38:00	40:23	41:08
3	74	MACCALLUM, Donna	40yrs+ Women	2:13:53	14'25"	43:26	44:59	45:28



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**August 26, 2016**

**Under 16 men (Open)**

Pos	Bib	Name	Category	Time	Gap	Lap 1	Lap 2
1	82	BOUCHER, Joel	Under 16 men	1:10:15		34:47	35:28
2	76	NANKERVIS, Harry	Under 16 men	1:13:42	3'27"	35:30	38:12
3	80	RICHARDSON, Archie	Under 16 men	1:15:16	5'00"	35:38	39:38
4	79	JESSEN, Cooper	Under 16 men	1:18:21	8'05"	34:59	43:22
5	81	LAST, Fletcher	Under 16 men	1:25:10	14'54"	39:36	45:34
6	78	O'NEILL, Ethan	Under 16 men	1:25:14	14'59"	38:09	47:06
7	77	KERR, Jack	Under 16 men	1:34:32	24'16"	43:49	50:43
DNS	75	HARDINGE, Lachlan	Under 16 men				



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**August 26, 2016**  
**Under 16 Women (Open)**

Pos	Bib	Name	Category	Time	Gap	Lap 1	Lap 2
1	83	HALLIDAY, Olivia	Under 16 Women	1:33:13		43:22	49:51